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Key for EU users

Use this key to determine which sections of this product manual apply to you.

⚠️ Technical Users ⚠️ For professionals who order and set up Rifton products.

🏠 Home Users 🏠 For caregivers who use Rifton products on a regular basis.

🔧 Maintenance Personnel 🔧 For anyone who is responsible for service or reordering of Rifton products and parts.

Check your order ⚠️ 🏠 🔧

This product is shipped in a single carton. The carton contains:

1. Prone Stander (includes: pair of lateral support blocks, hip strap, and footboard).
2. Tray (if ordered).
3. Carton containing footboard (E950 only) and accessories for the Prone Stander.
4. This product manual.

You may not have ordered all of the available accessories, but use the following diagrams to make sure your order is complete.

If your shipment is incomplete or in any way damaged on arrival, please call Customer Service, 800.571.8198.
WARNINGS

• Thoroughly read and understand the information in this product manual before attempting to use this product. If the procedures and instructions in this manual are not followed, serious injury could occur.

• A qualified professional must assess the appropriateness and safety of all equipment for each user.

• This product is intended for use by clients of unreliable judgment. Adult supervision is required at all times.

• Do not use this product on rough and uneven terrain, around swimming pools, or near stairways.

• All mobility equipment may become unstable when used improperly.

• Straps and supports are provided for the safety of the user and must be carefully adjusted for comfort and security. The use of straps and supports must be supervised at all times.

• Restraints – Using straps, trays or supports to restrict a client’s movement is considered behavioral restraint, which may raise ethical and legal issues for your facility. Rifton Equipment is not intended for this use.

• Intended for indoor use only

• Before placing a client in the Prone Stander or doing a transfer, lock all four casters by setting locks to the “ON” position. For added safety, it may be wise to have two adults assist with transfers in or out of the Prone Stander.

IMPORTANT

• Please save this product manual. Additional copies are available at www.rifton.com
Recommended use

⚠️ CAUTION

The Prone Stander is not recommended for use as a transportation device.

The Prone Stander is a Class 1 medical device. It provides the benefits of weight-bearing in an upright posture, abdomen toward the main board. Adjustable supports promote proper alignment of trunk and lower extremities. The board tilts from vertical to horizontal with a crank. The tray provides a convenient space for a communication device or other activity, and has a tool-free angle adjustment.

User and item dimensions

<table>
<thead>
<tr>
<th>User dimensions – inches (cm)</th>
<th>small</th>
<th>medium</th>
<th>large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Height</td>
<td>25–48 (64–122)</td>
<td>44–59 (112–150)</td>
<td>57–72 (145–183)</td>
</tr>
</tbody>
</table>

**Key user dimension: height**

Select the appropriate Prone Stander by the user’s overall height. Choose the model that allows for growth.

**Important:** User’s weight must not exceed the maximum working load.

<table>
<thead>
<tr>
<th>Dimensions – inches (cm)</th>
<th>E930 small</th>
<th>E940 medium</th>
<th>E950 large</th>
</tr>
</thead>
<tbody>
<tr>
<td>Board length</td>
<td>23½ – 16 without kneeboard</td>
<td>30 (76)</td>
<td>39 (99)</td>
</tr>
<tr>
<td></td>
<td>60 – 41 with kneeboard</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Board width (top/bottom)</td>
<td>12½ / 12½ (32 / 32)</td>
<td>11/16 (28 / 41)</td>
<td>15 / 19 (38 / 48)</td>
</tr>
<tr>
<td>Top of board to footboard</td>
<td>18–35 (46–89)</td>
<td>33–43½ (84–110)</td>
<td>42–55 (38 / 48)</td>
</tr>
<tr>
<td>Height when horizontal</td>
<td>29½ (75)</td>
<td>29½ (75)</td>
<td>31½ (80)</td>
</tr>
<tr>
<td>Height when vertical</td>
<td>38½ (98)</td>
<td>45½ (116)</td>
<td>60 (152)</td>
</tr>
<tr>
<td>Distance between lateral supports</td>
<td>8–16 (20–41)</td>
<td>8–16 (20–41)</td>
<td>12–22 (30–56)</td>
</tr>
<tr>
<td>Base width</td>
<td>24 (61)</td>
<td>26 (66)</td>
<td>30 (76)</td>
</tr>
<tr>
<td>Base length</td>
<td>35 (89)</td>
<td>39 (99)</td>
<td>43 (109)</td>
</tr>
<tr>
<td>Tray inside width (widest point)</td>
<td>22½ (57)</td>
<td>22½ (57)</td>
<td>29½ (75)</td>
</tr>
<tr>
<td>Tray inside length</td>
<td>17½ (44)</td>
<td>17½ (44)</td>
<td>17½ (44)</td>
</tr>
<tr>
<td>Max. working load in lbs (kg)</td>
<td>100 (45)</td>
<td>150 (68)</td>
<td>200 (91)</td>
</tr>
</tbody>
</table>
Mainboard

Trunk lateral blocks

Lateral blocks (A) ship in reverse position.

To reposition lateral blocks:

• Loosen knobs (C) and slide blocks out from under the clamp.

• Rotate blocks into correct position and replace them under the clamp.

• Retighten knobs (see Figure 6b).

Use knobs (C) to adjust the blocks laterally and vertically, and to pivot them approximately 30°.

Make sure lateral blocks are clear of tray when adjusting board angle.

Support straps

To reposition support straps (B):

• Loosen knobs (D).

• Slide straps up or down.

• Retighten knobs.

Board positioning

The mainboard, knee board, and footboard slide independently on a tubular steel track, clamping with knobs (E).

Board tilt

The angle of the board is controlled by a handcrank (F). This sets the board at any angle from horizontal to vertical. Adjustments can take place at any time once the user is secure.

The board position indicator (G) is a direct angle indicator that is attached at the pivot point.
Footboard

The footboard is shipped in the reverse position on the tube. Reposition by removing knob (A) and clamp (B). Rotate footboard into correct position, replace clamp and knob and re-tighten (see Figure 7a).

Figure 7a

Knee board

To remove the knee board for small children, loosen knob (C) until the plated clamp can rotate 90°, freeing the knee board. If abductors were used on the knee board attach them to the mainboard. Lower the mainboard to its lowest position, and raise the footboard so that the top of the mainboard reaches the user’s chest.

Notice: When replacing the knee board, the wooden clamp block goes down, and the slot for abductors up (see Figure 7b).

Figure 7b

Knee lateral support blocks

To attach the knee lateral blocks, loosen knobs (D), slide lateral blocks onto knee board and re-tighten knobs.

Knee lateral blocks can also be adjusted vertically using knobs (D).

Figure 7c. The knee board with knee lateral blocks and round abduction block. Abduction blocks can be attached on the mainboard or on the knee board.
Medium Prone Stander frame (E940)

Mainboard

**Trunk lateral blocks**

Lateral blocks (A) ship in reverse position.

1. To reposition lateral blocks:
   - Loosen knobs (c) and slide blocks out from under the clamp.
   - Rotate blocks into correct position and replace them under the clamp.
   - Retighten knobs (see Figure 8b).

2. Extra set of lateral blocks are installed in the same manner

Use knobs (C) to adjust lateral blocks laterally and vertically, and to pivot blocks approximately 30°.

Make sure lateral blocks are clear of tray when adjusting board angle.

**Hip strap**

Hip strap (B) attaches with knobs (D). Slide up or down for best location. Strap can be positioned above or below support blocks.

**Board position**

The mainboard slides independently on a tubular steel track, clamping with knobs (E).

**Board tilt**

The angle of the board is controlled by a handcrank (F). This sets the board at any angle from horizontal to vertical. Adjustments can take place at any time once the user is secure.

The board position indicator (G) is a direct angle indicator that is attached at the pivot point.
Footboard

The footboard is shipped attached in the reverse position to the stander. Reposition by removing knob (A) and clamp (B). Rotate footboard into correct position, replace clamp and knob and retighten.

Figure 9a
Large Prone Stander frame (E950)

Mainboard

Trunk lateral blocks
Lateral blocks (A) ship in reverse position.

1. To reposition lateral blocks
   - Loosen knobs (c) and slide blocks out from under the clamp.
   - Rotate blocks into correct position and replace them under the clamp.
   - Retighten knobs (see Figure 10b).

2. Extra set of lateral blocks are attached in the same manner.

Use knobs (C) to adjust lateral blocks laterally and vertically, and to pivot blocks approximately 30°.

Make sure lateral blocks are clear of tray when adjusting board angle.

Hip strap
Hip strap (B) attaches with knobs (D). Slide up or down for best location. Strap can be positioned above or below support blocks.

Board tilt
The angle of the board is controlled by a handcrank (F). This sets the board at any angle from horizontal to vertical. Adjustments can take place at any time once the user is secure.

The board position indicator (G) is a direct angle indicator that is attached at the pivot point.
**Footboard**

Unpack footboard and slide it up onto square tubing of frame. Push spring buttons (A) at ends of frame legs so that footboard tubes slide over them.

**Notice:** Single slot on footboard should face out, away from mainboard.

The footboard adjusts vertically, sliding on the square tubing of the frame. Spring buttons (A) in the frame lock the footboard at different heights.

Figure 11a
Accessories

Abductors

Round abduction block
To attach the round abduction block (see Figure 12a), remove the knob and place abductor where appropriate. Re-tighten knobs securely.

Depending on the need of the user, the positioning of the abduction block will vary. Check the range of adjustment before positioning the user.

Collar for round abduction block
To attach the collar (see Figure 12b) to the round abduction block, wrap around and fasten snaps.

Knee lateral blocks
Attach the knee blocks (see Figure 12c) by removing knobs (E) and tightening behind board, with washer between knob and board.

Knee blocks can be repositioned using knobs (E).

Adjustable abduction wedge (E940 & E950)
To attach the adjustable abduction wedge to the stander (see Figure 12d), remove the knob and one washer off each threaded stud. Place the abduction wedge in the appropriate slot with one washer on each threaded stud between the abduction wedge and the Prone Stander. Replace washers and knobs on the threaded studs underneath board and tighten securely.

To adjust the width of abduction, raise one wing of the wedge to expose the adjustment screw (A). Turn screw out to increase abduction. Raise the second wing and adjust it in the same way.
Adjustable abduction wedge with hip stabilizer

**E940 & E950** (see Figure 13a)

Remove knobs and washers (B) from threaded studs. With knob (D) pointing down, slide threaded studs through appropriate slot in board. Replace knobs and washers on threaded studs at the back of the board and tighten firmly.

Adjust vertically using knobs (B). Move hip stabilizer horizontally by loosening and securing knob (D). Vertical adjustments to the hip stabilizer alone are controlled by knob (C).

Adjust the amount of abduction by shortening or lengthening the adjustment screws underneath the wings of the adjustment wedge (see Figure 12d).

Round abductor with hip stabilizer

**E930 & E940** (see Figure 13b)

Remove knobs and washers (A). Attach the two bolts (B) on the Prone Stander where appropriate, with knob (C) pointing down. Replace washers and knobs behind the board and tighten.

Adjust vertically using knobs (A). Move hip stabilizer horizontally by loosening and securing knob (C). Vertical adjustments to the hip stabilizer alone are controlled by knob (D).

The round abductor with hip stabilizer may be attached to the board before or after positioning the user. Once the round abductor is attached, the hip stabilizer can be removed for transfers by loosening knob (D).

Position the abductor between the thighs above the knees. The proper position for the hip stabilizer is at the back of the hips (sacral area), snug enough to keep the hips against the board.
Tray  🏃‍♂️  🏡

**Attaching the tray**
(see Figures 14a, 14b & 14c)

1. Lock the casters.
2. Turn the handcrank until the prone stander is nearly vertical.
3. Hold the tray in front of you with the adjustable brace (A) down.
4. Place the hook (B) into the slot on the mast of the stander.
5. Hold the tray by the latches and pull latch handles out (C). Clip latches into ends of black tubular cross piece (D) at the top of mainboard.
6. Make sure that tray is securely fastened and latches are clipped in place.

**Adjusting the tray**

Use knob (A) to adjust the angle of the tray. Be sure to tighten knob securely after adjusting.
Hand anchor 🧡

Recommended use

Hand anchors can be used on the Prone Stander tray. They give the client an anchor to control excessive movement of the arms and encourage stabilization of the shoulder girdle. The client may hold on with both hands for stabilization training or with one hand keeping the other hand free.

Operation

On a clean smooth Rifton table or tray, press down on suction cup of hand anchor and turn handhold clockwise until secure. To remove, turn handhold counterclockwise.

**WARNING**

- This accessory is intended for use on Rifton trays only and is not to be used as a primary support or as a standing support.

**CAUTION**

- Suction cup may release.
- Do not use on thin glass.

**Notice:** Surface must be very smooth and completely clean to get a strong seal. If suction cup does not hold well, wipe with a damp cloth or apply a thin layer of petroleum jelly around the rim of the rubber pad to enhance the vacuum.
**Sandals and wedges 🛋️**

**Attaching sandals**

1. Remove knobs and washers from sandal. Insert bolts through slots in footboard.
2. Replace washers and knobs and tighten securely (C).

**To adjust sandals**

1. Loosen the knobs (C).
2. Move the sandals to the desired position.
3. Retighten the knobs.
4. The sandal height can be built up, or a toe/heel angle achieved, by using one or more wedges.

**Adding sandal wedges**

To add a wedge:

1. Unlatch white latch (D) and remove the sandal from the base.
2. Place the wedge over the base and latch it into place. Any number of wedges can be added.
3. Put the sandal on top, and latch it.
**Operation**

1. Lock all casters and set the foot board height to approximate position, as low as possible for the user’s sense of security. The top of the mainboard should reach the user’s chest.

2. Crank mainboard to appropriate angle. This depends on whether the user is transferring from a bed, wheelchair, or other position.

3. Open straps on mainboard and move lateral blocks out as far as possible.

4. Set sandals to approximate positions and open the straps.

5. Assist the user to standing position with the help of a second person if appropriate. Maintain complete support as you fasten the hook-and-loop straps.

6. Position lateral blocks as required.

7. Fine-tune all adjustments, starting with the sandals. Tighten all knobs.

8. Adjustment of the tilt angle with the handcrank can take place at any time once the user is securely in the stander.

9. Support blocks can be attached at the same vertical position as the straps. Move the support blocks from under their original clamp to the clamp for the straps by sliding the bracket under the strap clamp and tightening the knobs.

---

**CAUTION**

For safety, keep all four casters locked at all times, whether the Prone Stander is occupied or unoccupied, except when actually moving it.

To prevent accidents:

1. For heavy or larger clients, two caregivers may be needed to safely transfer the client in or out of the stander.

2. Use care when transferring a client. Keep the caster brakes locked at all times while the stander is in use.

3. Never leave client unattended. Make sure all straps are securely fastened.
Maintenance ♩

This product is designed and tested for an expected life of 5 years when used and maintained in accordance with this manual. At all times, users must ensure that the product remains in a safe and useable condition, including regular maintenance and inspections as specified in the manual. To prevent structural failures and SERIOUS INJURIES, do not use Rifton components and products for any purpose other than for their intended use. Inspect Rifton components and products regularly for loose or missing screws or rivets, metal fatigue, cracks, broken welds, missing attachments, loose staples and general instability. Immediately remove from use when any condition develops that might make operation unsafe. Replace or repair components or products that are damaged or appear to be unstable. Use only Rifton authorized replacement parts. Order information for replacement parts is provided on the back of this product manual.

Every month, check lubrication of the threaded rod which drives tilting mechanism. If it seems dry, apply general purpose grease with a brush to the length of the rod.

Twice a year check bolts securing crosspieces of frame and tighten if necessary.

Cleaning ⚠️ ⛑️

Remove sandals, straps and pads. Clean wood, metal, and pads with disinfectant wipes or a solution of up to 10% bleach. Do not use excessive amounts of water.

Warranty Statement ⚠️ ⛑️

If a Rifton product breaks or fails in service during the first year, we will replace it free of charge.
Materials

- Steel hardware items (nuts, bolts, screws, etc) are typically zinc or nickel plated, or stainless steel.
- Upholstery items (pads, support blocks, padded prompts, etc) are typically fire-retardant polyurethane foam with a fire-retardant cover made from expanded vinyl.
- Frames are typically steel or aluminum tubing, welded together, and coated with a baked-on paint finish. Some frame components may also be stainless steel.
- Tires are tubeless, filled with polyurethane foam, and do not require inflation.
- Straps are typically made of polypropylene or nylon webbing.
- Wooden components are typically birch plywood, solid maple, or laminated hardwood veneers, finished with a clear polyurethane lacquer.
- Tabletops are typically high-pressure laminate (Formica).
- Plastic components are typically injection molded from a variety of industrial resins.

All materials are latex, lead and phthalates free.

User modifications

CAUTION: Rifton Equipment cannot accept responsibility for any modifications or alterations made to our components or products after they leave our premises. Customers modifying or altering our components or products, or using them in conjunction with products from other manufacturers, do so at their own risk since we are unable to validate the safety and efficacy of the modified or altered product. The modification or alteration of our components and products, or the use of our components or products in conjunction with products from other manufacturers, may make the components and products unsafe, which could result in SERIOUS INJURIES.
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To order replacement parts

1. Locate the serial number of the product on the small white label.

2. Have this number available when you call 800.571.8198 for your customer service representative.

Use only replacement parts supplied by Rifton Equipment.

We are glad to supply replacement parts. Although Rifton makes every effort to supply correct parts and instructions for repairing or refurbishing your equipment, you are responsible to make sure that the repairs or modifications are correctly and safely completed.

Find important details and studies on the therapeutic benefits of standing at:
www.rifton.com/pronestander